

ITINERARY



10am - Catch a matatu (number 237) or bus from Nairobi to Thika

11am - Refreshments and welcome meeting with the director in our office

12am - Visit the Interim Care Centre to meet the children and perhaps try your hand at teaching them some English or learn how to cook a traditional Kenyan meal

1pm - Share lunch with staff and children

2pm - Enjoy some recreational time with the children playing sport or joining in with an art, music or drama class

4pm - Visit our Street Children Day Care Centre and see if you can beat the kids in a game of table tennis, darts or draughts!

5.00pm - Refreshments and question and answer session in the office before heading back to Nairobi

ARRANGING YOUR TRIP

We ask that all visitors contribute a minimum of *1000ksh* which includes all refreshments, a traditional Kenyan lunch and a project contribution.

If you would like to stay for a night at our Interim Care Centre to give you more time to explore Thika and nearby attractions (Blue Post Hotel, Fourteen Falls, Ol Donyo Sambuk National Park) we ask for a further contribution of *1000ksh* -evening meal and breakfast will be provided.

Project contributions are vital to us to ensure that our programmes are run successfully. All contributions go directly into the running cost of our Interim Care Centre.

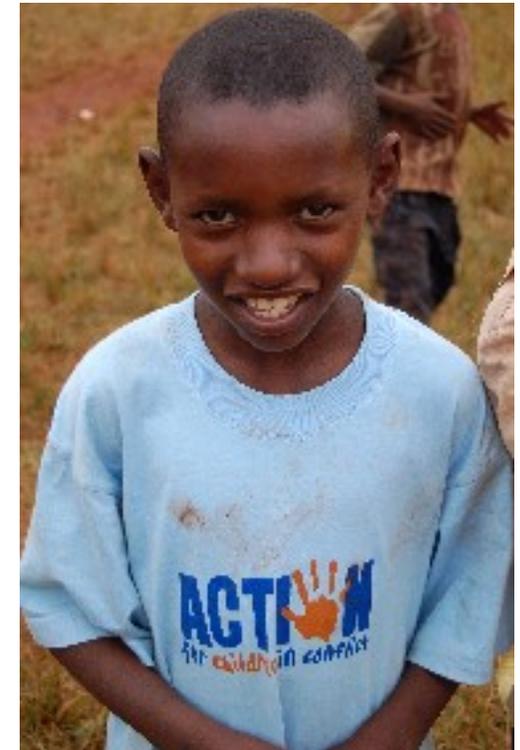
We would also be happy to accept donations in the form of clothing for the children, sports equipment (especially footballs!), games and art materials.



If you have any questions or would like to come and visit us, please do not hesitate to get in touch
Kenya@actionchildren.org
www.actionchildren.org
0728774970



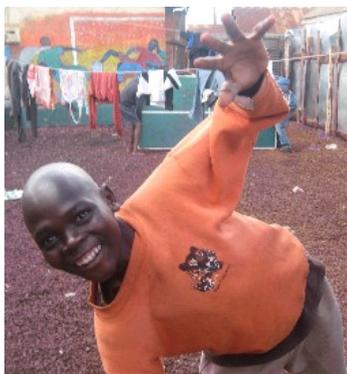
Street Children's Programme Thika



**Welcomes you to spend
a day with us...**

Action for Children in Conflict (AfCiC) is a UK based NGO working with street and other vulnerable children in Thika to break the cycles of violence, abuse and neglect. We provide psychological, educational and practical support to children and young people in conflict in an effort to keep them off the streets and give them the chance to deal with the problems of their pasts in order to have a brighter future.

We work in Thika, a town 40km north of Nairobi. It was once a busy and thriving industrial area but many businesses have moved on leaving high numbers of impoverished families. Faced with hunger and violence at home, many children drop out of school and head for the streets.



AfCiC works to prevent children going to the street and rehabilitating those who are already there.

Children on the street are in great danger, suffering physical and sexual abuse, they are prone to disease and accidents and often go hungry and without education care and love. Many are tempted into sniffing glue to mask the hunger and pain that they are feeling.

We run a number of programmes for street and other vulnerable children and their families including:

Day Care Centre Providing economic and educational empowerment to the community and support services for street and other vulnerable youth.

Interim Care Centre Providing intensive rehabilitation over a six month period to former street children who cannot immediately rejoin their families in the form of non formal education, counselling and family reintegration work.



Kenyan Children's Legal Aid Work (KCLAW) providing free legal advice to children and guardians and advocating for children's rights and fair treatment.

School Feeding programmes Many children go to school hungry, some end up begging on the streets instead. We work with local schools to identify vulnerable children and provide them with lunch, improving learning and school retention.



Experience a day in the life of a former street child...



We are inviting you to get off the beaten track and come and visit us in Thika to experience a day in the life of a former street child!

We would like to share with you both our successes and challenges and give you the opportunity to experience a side of Kenyan life that the majority of tourists fail to see.

By spending a day with our projects, we hope that you will have a unique insight into the problems facing many of Kenya's children and give you the opportunity add another dimension to your stay here in Kenya.

The day promises not only to be a learning experience, but one full of fun and inspiration.

Our dedicated staff and children will make sure that it is something you never forget!